



Functional Methods

For manual therapists

Instructor: Jeffrey Burch, USA.

(Language: English)

4-day Educational Workshops in Precise Assessment and Low Force Treatment Methods

There are many varieties of Functional Assessment and Treatment Methods. The most commonly practiced Functional treatment variations are Unwinding and Functional-Indirect. These two low-force yet powerful treatment methods allow the practitioner to accomplish a great deal. Skill in a full scope of functional methods will, however, dramatically increase the number of keys on a practitioner's ring to unlock wellbeing in a wide range of client scenarios. I invite you to pick up those keys one at a time.

Learn techniques to achieve more effective results with less effort

The workshops will equip participants with an integrated and widely applicable assessment protocol, and a diverse treatment skill-set with which to address a wide range of biomechanical issues.

Learn all these methods and how they relate to each other to get a much fuller understanding of how functional methods achieve change in the body. You will then be able to mix and match techniques to address a wide range of situations. Along with treatment strategies good assessment skills are essential.

Syllabus

As well as boosting the structural Integration practice, this course also provides an excellent foundation for many other modalities including visceral manipulation, cranosacral therapy, and counter-strain, to name a few.

We explore the principles behind the specific manipulations, enabling workshop participants to improvise techniques to fit a wide range of situations. The assessment methods elegantly answer the question we must ask at every moment in a session: where can I work on this person that will bring about the greatest positive change for the whole person?

In the uniqueness and complexity of our clients/patients, each functional method provides another potential avenue to normalize tight or lax tissue in the body. Developing skill in all the variations will equip you with a large tool kit with which to address a wide range of situations for your clients/patients. Each method is powerful in itself while some can be combined to give more variations and achieve stronger results.

Format

The first four day workshop in this three workshop series will teach seven distinct assessment methods and six treatment methods. Two thirds of the methods in this three-module series come from osteopathy, including several from Jean-Pierre Barral DO. In the three modules 16 assessment methods and 22 treatment methods are taught. A third of the methods are new and created by Jeffrey Burch. We present how to use each method on a range of tissue types and body areas.

We will cover:

(Module A)

Assessment Methods:

- General Listening
- Local Listening
- Inhibition
- Lift Listening
- Layer Palpation
- Layer Listening
- Mobility Testing-A

Treatment Methods:

- Pure Unwinding
- Augmented Unwinding
- Alternate Interrupt
- First Barrier Stretch
- First Barrier Glide
- Long Lever vs Short Lever Treatments
- Listen and Follow

(Module B)

Assessment Methods:

- Manual Thermal
- General Tap
- Mobility Testing -B
- Ask the body
- Extended listening
- Listening from a symptomatic area

Treatment Methods:

- Near first barrier
- Far first barrier
- Mixed near & far first barriers
- Oscillating between the barriers
- Middle barrier technique
- Induction of a rhythm
- Recoil
- Walking through the spectrum of barriers

(Module C)

Assessment Methods:

- Ruling out false positives on orthopaedic tests
- Ultra-slow mobility testing
- Mobility Testing -C
- Craniosacral rhythm as assessment tool
- Intuition skill building

Treatment Methods:

- Flossing
- Accordion
- Centralizing technique
- Reconstructed AT Still technique
- George Laughlin DO technique
- Stack & Borrow
- Scrubbing the walls
- Pendulum wall scrubbing

Date: Module A: 2020 November 12-15

Module B: 2021 March 4-7

Module C: 2021 July 15-18

Location: European Rolwing Association, Saarstraße 5, 80797 München, Deutschland

<u>Accredited by</u>	<u>Credits:</u>
European Rolwing Association ERA:	4 Elective CEU
Dr. Ida Rolf Institute DIRI:	4 Elective CEU
International Association of Structural Integrators IASI:	28 Type1- CEU

Prerequisites: Graduate in good standing of an IASI approved Structural Integration school. For a list of IASI approved schools see <https://www.theiasi.net/iasi-recognized-si-training-programs>

Each module is prerequisite to the next module in the series; A-B-C.

Training Fee: 4 days: *early bird* € 720.-, till 10 Sept. 2020, then € 775.-.

Material: There is a comprehensive binder going with “Functional Methods”, which is to purchase for € 50.-, after registration.

To qualify for early bird registration, you need to send your registration and payment before 10 Sept 2020.

To register visit: <https://rolfing.org/becoming-a-rolfer/continuing-education/>

The workshop is taught by:



Jeffrey Burch is a cert. Advanced Rolfer™ and practices in Eugene, Oregon and offers classes in Eugene, Oregon, as well as other locations in the USA. He has extensively studied and integrated into his Hands-On Therapies both Cranial Manipulation and Visceral Manipulation. He has developed groundbreaking new joint mobilization methods.

For more information see the instructor's website www.jeffreyburch.com